



CENTURY SQUARE

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NATIONAL FITNESS AND YOGA BOUTIQUE, TRUFUSION, MAKES ITS WAY TO CENTURY SQUARE

College Station's favorite destination maintains leasing momentum with TruFusion and Renew You

(COLLEGE STATION, TX) – [Century Square](#) is pleased to announce health and wellness concepts **TruFusion** and **Renew You** are making their way to the 30-acre mixed-use shopping, dining, and entertainment destination adjacent to Texas A&M University.

“Century Square is pleased that TruFusion has selected College Station as the next market to expand its nationally recognized and innovative fitness studio,” said Clayton Freels, Vice President of Investment and Development at Midway. “We aspire to build strength and community and believe TruFusion with its unique approach to fitness is the perfect fit at Century Square.”

TruFusion is a boutique fitness studio offering a variety of dynamic heated and unheated group fitness and wellness classes including yoga, Pilates, cycle, barre, bootcamp, boxing, HIIT, TRX, battle ropes, and beyond. Members can enjoy unlimited access to over 150 weekly group classes taught by elite instructors, and an inclusive community. The 12,000-square-foot studio will be located underneath the Star Cinema Grill and is slated to debut in 2025.

“Bringing health and wellness to College Station has always been part of my plan and goals when I opened TruFusion San Antonio where I live with my husband and our four sons,” said Maroulia Pontikas Paulson, Texas A&M former student, and owner of TruFusion College Station and Renew You.

“TruFusion and Renew You will offer a comprehensive focus on lifestyle that has something for everyone. We are endeavoring to deliver a wellness destination catering to the needs of the College Station community where they can indulge in self-care, wellness, and furthering the pursuit of a healthy lifestyle. WHOOP!”

Renew You, a sanctuary of rejuvenation is also opening in Century Square. Renew You offers pioneering therapies for the body and mind, including red light therapy and the refreshing chills of cryotherapy to reviving IV drip therapy and the innovative Ultra Slim technology. Renew You is your answer to restoration, recovery, and will occupy a 3,000-square-foot space adjacent to Lucchese Bootmaker. This exciting new development will make College Station the premiere destination for self-care and wellness.



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For additional information about Century Square, please visit www.century-square.com or call (979) 559-9380.

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ABOUT CENTURY SQUARE

Century Square is an exciting mixed-use destination adjacent to Texas A&M University in College Station, Texas. Redefining the Brazos Valley, the 60-acre development creates a dynamic community center where people congregate from across the region to experience a walkable, urban destination. The project features premier retail and restaurant establishments, entertainment venues, 60,000 SF of Class-A office, two full-service hotels: The George and Cavalry Court, luxury apartment homes: 100 Park, and an activated central gathering space.

Century Square is managed by [Parkway](#) and developed by [Midway](#), whose leadership team is composed of former students of Texas A&M who are deeply engaged in the University's culture and its vision for the growth of the Brazos Valley. For more information, visit www.century-square.com.